

Comparison Chart Popular Fish Oil Supplements

	Mg Omega-3 Per Capsule ¹	Mg Fish Oil Per Capsule	Mg Sesame Seed (lignan extract) ²	Mg Olive (fruit extract) ³	Capsules Per Bottle	Omega-3 Mg Per Bottle	Retail Cost Per Bottle	Omega-3 Cost Per 1,000 Mg
Super Omega-3 EPA/DHA (Life Extension)	600	*1,000	5	150	120	72,000	\$24.00	\$0.20
OmegaRX (Dr. Barry Sears/Zone Labs, Inc.)	600	1,000	0	0	120	72,000	\$50.95	\$0.71
SeaLogix Omega-3 (Trilogy International, Inc.)	600	1,000	0	0	120	72,000	\$44.95	\$0.62
Omega-3 Complex (Andrew Weil, M.D.)	500	N/A	0	0	90	45,000	\$34.99	\$0.78
Omega III Salmon Oil Plus (GNLD, Intl.)	300	N/A	0	0	90	27,000	\$33.50	\$1.24
Maximum Strength Omega-3 (Iceland Health, LLC)	600	N/A	0	0	30	18,000	\$49.95	\$2.78
Fish Oil Naturally (Natures Benefit, Inc.)	500	1,000	0	0	30	15,000	\$24.99	\$1.67
PFO Pure Fish Oil (Health From The Sun)	300	1,000	0	0	90	27,000	\$16.49	\$0.61
Ultimate Omega (Nordic Naturals, Inc.)	550	N/A	0	0	60	33,000	\$27.95	\$0.85
Super Essentials Omega (Living Fuel, Inc.)	200	N/A	0	0	120	24,000	\$39.97	\$1.67
Omega Prite (Omega Natural Science, Inc.)	400	N/A	0	0	60	24,000	\$21.99	\$0.92
Maximum Omega-3 (Nexgen Enterprise, LLC)	600	N/A	0	0	120	72,000	\$44.95	\$0.62
Nutriline Ocean Essentials Heart Health (Quixtar)	600	N/A	0	0	90	54,000	\$44.85	\$0.83
PharmOmega Cardio (NourishLife, LLC)	800	N/A	0	0	60	48,000	\$39.95	\$0.83
Ultramarine Omega-3 (Vitalus, Inc.)	240	N/A	0	0	90	21,600	\$20.00	\$0.93

From the comparison chart above, it's clear that Super Omega-3 Fish Oil offers you superior ingredients at the lowest price!

* Super Omega-3 Fish Oil contains 1,000mg of high quality toxin free Pure+™ Wild Fish Oil Concentrate unlike lower grade fish oils used in other products.

- 1) Mg of Omega-3 based on total EPH/DHA per capsule
- 2) Sesame lignans combined with fish oil improves its anti-inflammatory benefits
- 3) Polyphen-Oil™ (Olea europa) Fruit Extract that contains important elements of the Mediterranean diet.

Comparison Chart information shown based upon published Internet prices. Updated 3-01-2009

Learn more about Super Omega-3 Fish Oil purity - [The Purest Fish Oil in the World](#)