



# FIGHT BACK AGAINST BRAIN AGING WITH COGNITEX



Diminished levels of neurotransmitters and other brain compounds profoundly affect cognition and memory in aging adults. **Cognitex** was developed in **1982** to increase brain levels of **acetylcholine** — a neurotransmitter that enables neurons to communicate. Over the years, **Cognitex** has been improved with the addition of nutrients used in **Europe** to protect and enhance neurological function.

**Cognitex with Pregnenolone & NeuroProtection Complex** provides the following **scientifically validated** nutrients to provide broad-spectrum neurological support:

- **Uridine-5'-monophosphate (UMP)** is a phosphatide building block of RNA-DNA that is critical to optimal brain function and the health of neuronal cell membranes. Naturally found in the milk of nursing mothers, UMP is essential not only for the growth and development of infant brains, but also for healthy cognitive function in aging adults.
- **Sharp-PS® GOLD**, a rich **phosphatidylserine** compound bound to **DHA**, promotes already-normal neuronal cell membrane function and structure.
- **Alpha-glycerol phosphoryl choline (A-GPC)** boosts acetylcholine, a critical neurotransmitter that declines with age.
- **Vinpocetine** enhances circulation and oxygenation to brain cells, improves neural electrical conductivity, and protects against neuron-destroying excitotoxicity.
- **Phospholipid-grape seed extract** bound together results in a compound that is better absorbed into the bloodstream where it improves blood vessel tone and elasticity, thus enhancing blood circulation and oxygen flow to the brain.
- **Wild blueberry extract** protects against free-radical damage in the brain and helps maintain fluid balances already within the normal range.
- **Sensoril® ashwagandha extract** helps alleviate mental fatigue by inhibiting an enzyme (acetylcholinesterase) that degrades acetylcholine in the aging brain.
- **Proprietary NeuroProtection Complex Blend** contains standardized extracts of **hops, ginger, and rosemary** — proven to help with inflammation.
- **Pregnenolone** is a hormone that may be especially beneficial to the brain.

**Caution:** Cognitex is also available without pregnenolone for those with existing steroid hormone-sensitive cancer.

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## Just three softgels of Cognitex provide the following nutrients:

Alpha-Glycerol Phosphoryl Choline (A-GPC) .....	600 mg
Phosphatidylserine-DHA (PS-DHA) .....	100 mg
[Sharp-PS® GOLD Conjugated Phosphatidylserine-DHA]	
Pregnenolone .....	50 mg
Vinpocetine .....	20 mg
Phospholipid-Grape Seed Extract .....	150 mg
Wild Blueberry .....	150 mg
(Vaccinium angustifolium) 130:1 Extract	
Sensoril® Ashwagandha Extract .....	125 mg
(Withania somnifera)	
Uridine-5'-Monophosphate (disodium) .....	50 mg
Proprietary NeuroProtection Complex Blend .....	125 mg
Perluxan® Hops Extract ( <i>Humulus lupulus</i> )	
Ginger ( <i>Zingiber officinale</i> ) Extract	
Rosemary ( <i>Rosmarinus officinalis</i> ) Extract	



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.