



## Men's Synbiotic One

**MADE WITH ORGANIC INGREDIENTS**

Certified Organic by International Certification Services, Inc., USA

### ***Multi Vitamins, Herbs, Minerals*** **Available in 30 Tablet size**

**Men's Synbiotic ONE** once-daily, organic whole-food multivitamin formulated specifically for the needs of active men.

Most people would agree that taking a daily multivitamin is a good idea – it's often referred to as an “insurance policy” for covering nutritional gaps left by a less than optimal diet.

**NewMark** believes a daily multi can be much more than a nutrient backstop. In fact, we believe our Organic, Whole-Food Multi's can serve as the foundation of your complete nutrition program – with multiple benefits in support of your overall health and wellness.

### **NewMark Whole-Food Multivitamins: More Than Food Supplements, They're *Supplemental Food*.**

- Cultured Whole Food: Organic herbs and cultured whole-food vitamins & minerals work together to promote optimal health and condition-specific benefits – not just address nutrient deficiencies.\*
- Bone Health: Whole-Food Calcium, Vitamin D3 and the most bioactive, longest-lasting form of Vitamin K2 promote calcium metabolism and bone health.\*
- Targeted Herbal Blends: Cultured, organic herbal blends provide energy & stress support and promote heart and immune system health.\*
- Convenient: Once-daily formula is easy-to-take, easy-to-digest, and can be taken anytime – even on an empty stomach!

**\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**Suggested Use:** One tablet daily. Can be taken anytime, even on an empty stomach.

Serving size 1 Tablet

SUPPLEMENT FACTS		
PROBIOTIC NUTRIENTS™		%DV
Vitamin A † (100% as beta-carotene)	5000 IU	100%
Vitamin C †	60 mg	100%
Mixed Carotenoids †	3 mg	•
Vitamin D3 †	1000 IU	250%
Vitamin E †	30 IU	100%
Vitamin K1 †	70 mcg	88%
Vitamin K2 (MK-7) (from MenaQ7™ §)	10 mcg	12%
Thiamin-Vitamin B1 †	1.5 mg	100%
Riboflavin-Vitamin B2 †	1.7 mg	100%
Niacin †	20 mg	100%
Vitamin B6 †	2 mg	100%
Folate †	200 mcg	50%
Vitamin B12 †	12 mcg	200%
Biotin †	150 mcg	50%
Pantothenic Acid †	10 mg	100%
Calcium (from Algae ‡)	15 mg	1.5%
Iodine †	75 mcg	50%
Magnesium † (80% cultured, 20% from Algae ‡)	5 mg	1%
Zinc †	15 mg	100%
Selenium †	75 mcg	107%
Copper †	1.5 mg	75%
Manganese †	1 mg	50%
Chromium †	60 mcg	50%
Molybdenum †	10 mcg	13%
Mixed Carotenoids †	3 mg	•

**HERBAL BLENDS** %DV

**Stress/Energy Support Blend †** 60 mg •  
[Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)]

**Cardio Support Blend †** 20 mg •  
[Organic Fenugreek (seed), Organic Oregano (leaf), Grapeseed extract (not cultured), Organic Hawthorn (berry and seed)]

**Immune Support Blend †** 20 mg •  
[Elderberry Extract (*Sambucus nigra*) (berry), Organic Eleuthero (root), Organic Astragalus (root)]

**HERBAL EXTRACTS** %DV

**Ginger (rhizome)** 4 mg •  
3.2 mg hydroethanolic extract and 0.8 mg organic supercritical extract

**Turmeric (rhizome)** 4 mg •  
3.2 mg hydroethanolic extract and .08 mg organic supercritical extract

• Daily Value not established  
‡ Lithothamnion: (*L. calcareum* and *L. corallioides*)  
† Nutrients and herbs are cultured in organic media that may contain: organic milled soy, *Saccharomyces cerevisiae* (organic yeast: active and inactive), organic maltodextrin, organic gum acacia, organic orange and lemon peel – natural sources of bioflavonoids, organic carrot powder, organic alfalfa powder, *Lactobacilli* (*L. acidophilus*, *L. bifidus*, *L. rhamnosus*) and enzymes (deactivated).

**Other ingredients:** Organic gum acacia, silica, lac resin, and carnauba wax.

**Contains:** Fermented soy. Naturally gluten free. 100% vegetarian; no artificial flavors or colors.